



FUTURE LIVING
HERTFORD

OUR YEAR *in numbers*

Breaking the cycle of
domestic abuse in Hertfordshire



389 ADULTS AND CHILDREN SUPPORTED

Every number represents a person,
a story, and a step towards a brighter future.

89

**WOMEN
ATTENDED
MONICA**



Empowering women
through support,
understanding
and change.



16

**MEN
ATTENDED
WISE GUYS**



Helping men to recognise
domestic abuse
and recover.



74

**CHILDREN HAD
SPECIALIST
COUNSELLING**



Providing children with
a safe space to heal,
express and
grow in confidence.



OVER
1,100
POLICE OFFICERS
TRAINED

Strengthening knowledge.
Improving response.
Safer communities.



We launched
NEW SESSIONS



Creating more opportunities
for support, connection
and positive change.



4

WELLBEING GROUPS

Building connection,
confidence and
resilience together.



Thank you to our supporters, partners and community.

Together, we are changing lives and building
a safer, kinder future for all.



RECOVER. • REBUILD. • RISE.